

Changing Lives

The Changing Lives Programme Newsletter

Issue 2 November 2009

Welcome to Changing Lives!

Welcome to the second issue of the Changing Lives newsletter which keeps you up to date with how the programme is doing. We are sorry it is late, but we have some new people in place whose job it is to make sure we get this to you every month in future. You can meet the new people in the team on the back page.



People as Individuals is the part of the Changing Lives programme that looks at what is important to the person so we can build services around what matters to them – things that make them happy.



To make this happen we need to change the way the Community Team for Learning Disability work (CTLD for short!). The team have just had some training to help them work better and understand people with a learning disability better too. The training has also helped the team to understand their organisation and the people they work with.



We have found good ideas to work towards and these are what we think is important:

For the People we support:

Theme: "Choice"

Theme: "Happy Lives"

Theme: "A place to call Home"

And for the team:

Theme: "Effective work loads"

Theme: "Good Leadership"

Theme: "Job Satisfaction"



Bradford and Airedale



City of Bradford MDC

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Changing Lives wants people with learning disabilities to lead their lives like any other people

As well as People as Individuals the Changing Lives Programme looks at four other important areas. Here is an update of what is happening in each of them.



The People as Citizens Group is about helping to build networks and relationships that will help make change happen for people with learning disabilities.

Bradford PLAN is a group of 8 families who want to make a PLAN for the future for their son or daughter to make sure they have a good life.

The group meets every month and has made rules around how the group will work. This is called a constitution. The group should know soon if they have been successful in getting the funding they need.



The Healthier Lives Group is about lots of different teams working together to help people with learning disabilities get better healthcare.

More therapists have been employed to support people with Speech and Language difficulties. There are plans for a dietician, physiotherapists and occupational therapists to work in the Clinical Liaison Team at Waddiloves.

By giving out information leaflets more people with learning disabilities have been having their annual health checks.



In June 2009, over 170 doctors and practice nurses got training to make sure that they understand the health needs of people with learning disabilities better.

We have been working hard to make people get healthier and talk to others to make change happen

...and some more updates from the programme



The Fulfilling Lives Group will help people with learning disabilities enjoy their out of work time and get employment.

Bradford District Care Trust has been working with an organisation called Pure Innovations to find out what people who use day care, think and feel about their service.



All the information will help to make a report. The report will help us design what day services will look like in the future.



There are opportunities for learning, training and community activities at Cottingley Cornerstone and a new community hub is being developed at the Khidmat Centre for people with more complex needs.



Where People Live will help make a wider choice for what type of home people want to live in, who they live with and where they want to live.

We have started work on a long term plan for new ways for people with learning disabilities to make a home. This includes people owning their own homes or renting from private landlords. We will be meeting with landlords to get more information before talking to people with learning disabilities and their families before Christmas.

We are doing lots to find out what people with learning disabilities really want to make their lives better.

Who's New and How to Get in Touch



Logo competition – We have now chosen the winner and they will work with us to make it look nice. We will tell you who has won and show you the logo in December's issue

We have some new people in the Team.



Susan Moreland is the Service User Involvement Officer and helps co-ordinate the newsletter and the communications group.



Gill Gourley is the programmes Communications Manager. She will co-chair the communications group with Ian Margerison and also help produce this newsletter.



Mubarak Darbar is the Performance and Commissioning Manager for Changing Lives and it is his job to make sure we buy the right services.



Gillian Taylor is a Programme Manager looking at the Fulfilling Lives and Where People Live projects.



Susan, Gillian, Gill and Mubarak are based at Olicana House, Chapel Street, Bradford, BD1 5RE.

You can contact the team by phone on **431239** or by e-mail at **s.moreland@bradford.gov.uk**



Why not join our mailing list to make sure you get all the up-to-date information about the Changing Lives Programme
Simply contact Susan with your name, postal address and e-mail address.