



Changing Lives Through Real Partnership Learning Disability Programme

We hope you enjoyed the newsletter – here is more information about the 5 areas that I hope you will find useful.

People as Individuals

We recognize the need to establish and develop a new model of working for the CTLD commencing with a new structure and approach.

The CTLD and staff within some other services have recently been supported through ‘transforming teams’ training facilitated by Helen Sanderson Associates. Amongst some of the very valuable person centred thinking tools, the team have developed quite an expertise in creating ‘one-page profiles’, not only for the people we support but also for themselves ... this enables the team to work in a more creative way and to have a better understanding of what is important to the people we support, the colleagues we work alongside and the organization who we work for.

We need to know what is important to the person so that services are built around what matters to them as an individual – things that make people happy content & fulfilled, not seeing people as a label, condition or stereotype. We would use the Person Centred Thinking Tool: Important To. How the person wants their supports or services delivered – how, when and where, rather than a standard ‘one size fits all’

approach. We would use the Person Centred Thinking Tool: How best to support.

We have identified Success themes to work towards. These are our priorities:

For the People we support:

Theme: "Choice"

Theme: "Happy Lives"

Theme: "A place to call Home"

And for the team:

Theme: "Effective work loads"

Theme: "Good Leadership"

Theme: "Job Satisfaction"

We are on a journey, part of that journey is looking at ways we can work differently and ways we can work 'smarter' and in partnership with other people. To support the team with this tremendously exciting transformation we have strengthened our management capacity – Gill Impey and Dave Williams have joined Shamsul Khan and Sean Hodgson in their roles as Senior Care Managers. Kerry Wright is an interim operational manager who has the skills and enthusiasm to lead this process and to ensure that new ways of working become embedded into our everyday working lives.

Welcome to the new and exciting assessment and care management team...

People as Citizens

Bradford PLAN is a group of 8 families most of whom are older carers – they want to make a PLAN for the future for their son or daughter and make sure they have a good life.

The group meets every month and has developed the rules around how the group will work, called a constitution. The group should know shortly if they have been successful in getting funding.

They have been in contact with other groups throughout the country and plan to attend a National event in November 2009.

Healthier Lives

More therapists have been recruited to support people with Speech and Language difficulties. There are plans for a dietician, physiotherapists and occupational therapists to join the Clinical Liaison Team at Waddiloves. We also plan to recruit more Learning Disability Nurses to support people with their healthcare.

We have been working to encourage more people with learning disabilities to have their annual health checks by distributing information leaflets – the numbers of people going has increased significantly.

In June 2009, over 170 GP's and practice nurses attended training around learning disabilities to make sure that they would have a greater understanding of the health needs of people with learning disabilities.

Bradford Hospitals will be able to give people with learning disabilities a better service when they need to go into hospital to stay overnight. As well as using a pre-admission assessment, training for hospital staff is going to be carried out over the next 4 months.

Fulfilling Lives – October 2009

- Bradford District Care Trust has been working with an organisation called Pure Innovations. This is to find out what people who currently use day services think and feel about the service. A report will be written which will be used to influence what day services will look like in the future.
- There are opportunities for learning, training and community activities at Cottingley Cornerstone.
- A new community hub is being developed at the Khidmat Centre for people with more complex needs.
- Over the coming year we will be developing 10 pilot projects and we will bring you more about these in future editions of the Changing Lives newsletter.

Where People Live

We have begun work to create a long term accommodation strategy for people with learning disabilities in Bradford. This work is being led by Jayne Knight who is a consultant with a national reputation in this field. The strategy will bring together local partners and explore new ways for people with learning disabilities to make a home, including people owning their own homes or renting from private landlords. Jayne will be meeting with existing housing providers during October and November to gather detailed information on what happens now and will be holding workshops during November and December with people with learning disabilities, their families and a range of organisations to shape the strategy we need for the future.

During september we also:

- started working with the NDTi who are helping us to design and create more socially inclusive supported living services, as part of a national programme.
- met with staff and family carers from Rix House, Weaver Court and Reevy road to discuss future plans for these services

If you have any comments or would like more information about the Changing Lives Programme then please contact Susan Moreland on 01274 431239 or email s.moreland@bradford.gov.uk